

# Midwest Monarch Planting List

					Bloom Period			States							
Species name	Plant symbol	Common name	Growth habit	Monarch Value	Early	Mid	Late	IA	IL	IN	MI	MN	OH	WI	
<i>Agastache foeniculum</i>	AGFO	blue giant hyssop	forb/herb, subshrub	High		x	x								
<i>Agastache nepetoides</i>	AGNE2	yellow giant hyssop	forb/herb, subshrub	High		x	x								
<i>Agastache scrophularifolia</i>	AGSC	purple giant hyssop	forb/herb, subshrub	High			x								
<i>Ageratina altissima</i>	AGAL5	White snakeroot	forb/herb	High		x	x								
<i>Amorpha canescens</i>	AMCA6	leadplant	shrub, subshrub	High		x									
<i>Amsonia tabernaemontana</i>	AMTA2	eastern bluestar	forb/herb	High	x										
<i>Apocynum cannabinum</i>	APCA	Indianhemp	forb/herb	High	x	x									
<i>Asclepias amplexicaulis</i>	ASAM	clasping milkweed	forb/herb	High	x	x									
<i>Asclepias exaltata</i>	ASEX	poke milkweed	forb/herb	High		x	x								
<i>Asclepias hirtella</i>	ASHI	green milkweed	forb/herb	High		x									
<i>Asclepias incarnata</i>	ASIN	swamp milkweed	forb/herb	Very High		x	x								
<i>Asclepias ovalifolia</i>	ASOV	oval-leaf milkweed	forb/herb	High	x	x									
<i>Asclepias purpurascens</i>	ASPU2	purple milkweed	forb/herb	High	x	x									
<i>Asclepias speciosa</i>	ASSP	showy milkweed	forb/herb	High	x	x	x								
<i>Asclepias sullivantii</i>	ASSU3	prairie milkweed	forb/herb	High		x									
<i>Asclepias syriaca</i>	ASSY	common milkweed	forb/herb	Very High		x									
<i>Asclepias tuberosa</i>	ASTU	butterfly weed	forb/herb	Very High	x	x									
<i>Asclepias verticillata</i>	ASVE	whorled milkweed	forb/herb	Very High	x	x	x								
<i>Asclepias viridiflora</i>	ASVI	green comet milkweed	forb/herb	High		x	x								
<i>Asclepias viridis</i>	ASVI2	green antelopehorn	forb/herb	Very High	x	x									
<i>Asclepias</i> spp.*															
<i>Bidens aristosa</i>	BIAR	bearded beggarticks	forb/herb	Very High		x									
<i>Bidens cernua</i>	BICE	nodding beggarticks	forb/herb	High		x	x								
<i>Bidens laevis</i>	BILA	smooth beggartick	forb/herb	High		x	x								
<i>Blephilia ciliata</i>	BECI	downy pagoda-plant	forb/herb	High	x	x									
<i>Blephilia hirsuta</i>	BLHI	hairy pagoda-plant	forb/herb	High	x	x	x								

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<i>Boltonia asteroides</i>	BOAS	white doll's daisy	forb/herb	High		x	x							
<i>Brickellia eupatorioides</i>	BREU	false boneset	forb/herb, subshrub	High		x	x							
<i>Cirsium altissimum</i>	CIAL2	tall thistle	forb/herb	Very High		x	x							
<i>Cirsium discolor</i>	CIDI	field thistle	forb/herb	Very High		x	x							
<i>Cirsium flodmanii</i>	CIFL	Flodman's thistle	forb/herb	High		x	x							
<i>Cirsium muticum</i>	CIMI	swamp thistle	forb/herb	High		x	x							
<i>Cirsium</i> spp.														
<i>Conoclinium coelestinum</i>	COCO13	blue mistflower	forb/herb	High		x	x							
<i>Coreopsis lanceolata</i>	COLA5	lanceleaf tickseed	forb/herb	High	x	x								
<i>Coreopsis palmata</i>	COPA10	stiff tickseed	forb/herb	High		x								
<i>Coreopsis tripteris</i>	COTR4	tall tickseed	forb/herb	High		x	x							
<i>Dalea candida</i>	DACA7	white prairie clover	forb/herb, subshrub	High	x	x								
<i>Dalea multiflora</i>	DAMU	roundhead prairie clover	forb/herb	High	x	x								
<i>Dalea purpurea</i>	DAPU5	purple prairie clover	forb/herb, subshrub	High	x	x								
<i>Delphinium tricornae</i>	DETR	dwarf larkspur	forb/herb	High	x									
<i>Dicentra cucullaria</i>	DICU	dutchman's breeches	forb/herb	High	x									
<i>Doellingeria umbellata</i>	DOUM2	parasol whitetop	forb/herb	High		x	x							
<i>Echinacea angustifolia</i>	ECAN2	blacksamson echinacea	forb/herb	High	x	x								
<i>Echinacea pallida</i>	ECPA	pale purple coneflower	forb/herb	High	x	x								
<i>Echinacea purpurea</i>	ECPU	eastern purple coneflower	forb/herb	Very High	x	x	x							
<i>Echinacea</i> spp.														
<i>Eryngium yuccifolium</i>	ERYU	rattlesnake master	forb/herb	High	x	x								
<i>Eupatorium altissimum</i>	EUAL3	tall thoroughwort	forb/herb	Very High		x	x							
<i>Eupatorium perfoliatum</i>	EUPE3	common boneset	forb/herb	High		x	x							
<i>Eupatorium serotinum</i>	EUSE2	late-flowering thoroughwort	forb/herb	Very High		x	x							
<i>Euthamia graminifolia</i>	EUGR5	grass-leaved goldentop	forb/herb	Very High	x	x	x							
<i>Eutrochium fistulosum</i>	EUF14	trumpetweed	forb/herb	High		x	x							
<i>Eutrochium maculatum</i>	EUMA9	spotted joe pye weed	forb/herb	Very High		x	x							

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<i>Eutrochium purpureum</i>	EUPU21	sweetscented joe pye weed	forb/herb	High		x	x							
<i>Helianthus annuus</i>	HEAN3	common sunflower	forb/herb	Very High		x	x							
<i>Helianthus divaricatus</i>	HEDI2	woodland sunflower	forb/herb	High		x	x							
<i>Helianthus giganteus</i>	HEGI	giant sunflower	forb/herb	High		x	x							
<i>Helianthus grosseserratus</i>	HEGR4	sawtooth sunflower	forb/herb	Very High		x	x							
<i>Helianthus maximiliani</i>	HEMA2	Maximilian sunflower	forb/herb	High		x	x							
<i>Helianthus mollis</i>	HEMO2	Ashy sunflower	forb/herb	High		x	x							
<i>Helianthus occidentalis</i>	HEOC2	fewleaf sunflower	forb/herb	High		x	x							
<i>Helianthus pauciflorus</i>	HEPA19	stiff sunflower	forb/herb	High		x	x							
<i>Helianthus strumosus</i>	HEST	Paleleaf woodland sunflower	forb/herb	High		x	x							
<i>Helianthus tuberosus</i>	HETU	Jerusalem artichoke	forb/herb	High		x	x							
<i>Helianthus ×laetiflorus</i>	HELA	cheerful sunflower	forb/herb	High		x	x							
<i>Heliopsis helianthoides</i>	HEHE5	smooth oxeye	forb/herb	Very High		x	x							
<i>Krigia biflora</i>	KRBI	twoflower dwarf dandelion	forb/herb	High	x	x								
<i>Liatris aspera</i>	LIAS	tall blazing star	forb/herb	Very High			x							
<i>Liatris cylindracea</i>	LICY	Ontario blazing star	forb/herb	Very High		x								
<i>Liatris ligulistylis</i>	LILI	Rocky Mountain blazing star	forb/herb	Very High		x	x							
<i>Liatris punctata</i>	LIPU	dotted blazing star	forb/herb	Very High		x	x							
<i>Liatris pycnostachya</i>	LIPY	prairie blazing star	forb/herb	Very High		x	x							
<i>Liatris scariosa</i>	LISC2	devil's bite	forb/herb	Very High		x	x							
<i>Liatris spicata</i>	LISP	dense blazing star	forb/herb	Very High		x	x							
<i>Liatris</i> spp.														
<i>Lilium superbum</i>	LISU	turk's-cap lily	forb/herb	High		x	x							
<i>Lithospermum canescens</i>	LICA12	hoary puccoon	forb/herb	High	x	x								
<i>Lobelia cardinalis</i>	LOCA2	cardinalflower	forb/herb	High		x	x							
<i>Lobelia siphilitica</i>	LOSI	great blue lobelia	forb/herb	High		x	x							
<i>Mertensia virginica</i>	MEVI3	Virginia bluebells	forb/herb	High	x	x								

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<i>Monarda fistulosa</i>	MOF1	wild bergamot	forb/herb, subshrub	High	x	x	x							
<i>Monarda punctata</i>	MOPU	spotted beebalm	forb/herb, subshrub	High	x	x								
<i>Oligoneuron album</i>	OLAL2	prairie goldenrod	forb/herb	High		x	x							
<i>Oligoneuron riddellii</i>	OLRI2	Riddell's goldenrod	forb/herb	High		x	x							
<i>Oligoneuron rigidum</i>	OLRI	stiff goldenrod	forb/herb	Very High		x	x							
<i>Oligoneuron</i> spp.														
<i>Onosmodium bejariense</i>	ONBE	western marbleseed	forb/herb	High		x								
<i>Packera aurea</i>	PAAU3	golden ragwort	forb/herb	High	x									
<i>Packera obovata</i>	PAOB6	roundleaf ragwort	forb/herb	High	x									
<i>Phlox divaricata</i>	PHDI5	wild blue phlox	forb/herb	High	x									
<i>Phlox glaberrima</i>	PHGL4	smooth phlox	forb/herb	High	x	x								
<i>Phlox maculata</i>	PHMA4	wild sweetwilliam	forb/herb	High		x								
<i>Phlox paniculata</i>	PHPA6	fall phlox	forb/herb	High		x								
<i>Phlox pilosa</i>	PHPI	downy phlox	forb/herb	High	x	x								
<i>Physostegia virginiana</i>	PHVI8	obedient plant	forb/herb	High		x	x							
<i>Polygonum pennsylvanicum</i>	POPE24	Pennsylvania smartweed	forb/herb	High	x	x	x							
<i>Pycnanthemum incanum</i>	PYIN	hoary mountainmint	forb/herb	High		x	x							
<i>Pycnanthemum tenuifolium</i>	PYTE	narrowleaf mountainmint	forb/herb	High		x	x							
<i>Pycnanthemum verticillatum</i>	PYVE	whorled mountainmint	forb/herb	High		x	x							
<i>Pycnanthemum virginianum</i>	PYVI	Virginia mountainmint	forb/herb	High		x	x							
<i>Rubus flagellaris</i>	RUFL	northern dewberry	subshrub	High	x	x								
<i>Rudbeckia hirta</i>	RUHI2	blackeyed Susan	forb/herb	High		x	x							
<i>Rudbeckia laciniata</i>	RULA3	cutleaf coneflower	forb/herb, subshrub	High		x	x							
<i>Rudbeckia subtomentosa</i>	RUSU	sweet coneflower	forb/herb	High		x	x							
<i>Rudbeckia triloba</i>	RUTR2	browneyed Susan	forb/herb	High		x								
<i>Salvia azurea</i>	SAAZ	azure blue sage	forb/herb	High			x							
<i>Silphium integrifolium</i>	SIIN2	wholeleaf rosinweed	forb/herb	High		x	x							
<i>Silphium laciniatum</i>	SILA3	compassplant	forb/herb	High		x	x							

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<i>Silphium perfoliatum</i>	SIPE2	cup plant	forb/herb	High		x	x							
<i>Silphium terebinthinaceum</i>	SITE	prairie rosinweed	forb/herb	High		x	x							
<i>Silphium</i> spp.														
<i>Sium suave</i>	SISU2	hemlock waterparsnip	forb/herb	High		x	x							
<i>Solidago canadensis</i>	SOCA6	Canada goldenrod	forb/herb	High			x							
<i>Solidago flexicaulis</i>	SOFL2	zigzag goldenrod	forb/herb	High		x								
<i>Solidago juncea</i>	SOJU	early goldenrod	forb/herb	High		x								
<i>Solidago nemoralis</i>	SONE	gray goldenrod	forb/herb	High		x	x							
<i>Solidago speciosa</i>	SOSP2	showy goldenrod	forb/herb	Very High			x							
<i>Solidago ulmifolia</i>	SOUL2	elmleaf goldenrod	forb/herb	High		x	x							
<i>Symphiotrichum cordifolium</i>	SYCO4	common blue wood aster	forb/herb	High		x	x							
<i>Symphiotrichum drummondii</i>	SYDR	Drummond's aster	forb/herb	High		x	x							
<i>Symphiotrichum ericoides</i>	SYER	white heath aster	forb/herb	High			x							
<i>Symphiotrichum laeve</i>	SYLA3	smooth aster	forb/herb	High		x	x							
<i>Symphiotrichum lanceolatum</i>	SYLA6	white panicle aster	forb/herb	High		x	x							
<i>Symphiotrichum lateriflorum</i>	SYLA4	calico aster	forb/herb	High		x	x							
<i>Symphiotrichum novae-angliae</i>	SYNO2	New England aster	forb/herb	Very High		x	x							
<i>Symphiotrichum oblongifolium</i>	SYOB	aromatic aster	forb/herb	Very High			x							
<i>Symphiotrichum oolentangiense</i>	SYOO	skyblue aster	forb/herb, subshrub	High		x	x							
<i>Symphiotrichum pilosum</i>	SYPI2	hairy white oldfield aster	forb/herb	High		x	x							
<i>Symphiotrichum praealtum</i>	SYPR5	willowleaf aster	forb/herb	High			x							
<i>Symphiotrichum prenanthoides</i>	SYPR6	crookedstem aster	forb/herb	High			x							
<i>Symphiotrichum puniceum</i>	SYPU	purplestem aster	forb/herb, subshrub	High			x							
<i>Symphiotrichum sericeum</i>	SYSE2	western silver aster	forb/herb	High			x							
<i>Symphiotrichum shortii</i>	SYSH	Short's aster	forb/herb	High			x							
<i>Symphiotrichum turbinellum</i>	SYTU2	smooth violet prairie aster	forb/herb, subshrub	High			x							
<i>Symphiotrichum urophyllum</i>	SYUR	white arrowleaf aster	forb/herb	High			x							

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<i>Verbena hastata</i>	VEHA2	swamp verbena	forb/herb	High		x									
<i>Verbena stricta</i>	VEST	hoary verbena	forb/herb	High		x									
<i>Verbesina alternifolia</i>	VEAL	wingstem	forb/herb	High		x	x								
<i>Verbesina helianthoides</i>	VEHE	gravelweed	forb/herb	High		x									
<i>Verbesina virginica</i>	VEVI3	white wingstem	forb/herb	High		x	x								
<i>Vernonia baldwinii</i>	VEBA	Baldwin's ironweed	forb/herb	High		x	x								
<i>Vernonia fasciculata</i>	VEFA2	prairie ironweed	forb/herb	High		x	x								
<i>Vernonia gigantea</i>	VEGI	giant ironweed	forb/herb	High		x	x								
<i>Vernonia missurica</i>	VEMI2	Missouri ironweed	forb/herb	High		x	x								
<i>Vernonia</i> spp.															
<i>Veronicastrum virginicum</i>	VEVI4	Culver's root	forb/herb	High		x	x								

USDA, NRCS. 2017. PLANTS Database (<http://plants.usda.gov>). National Plant Data Team, Greensboro, NC 27401-4901 USA.

\*: An asterisk after a genus name indicates that all native species within that genus name are important plants for monarchs or are considered very likely to be important plants for monarchs. NRCS State offices can recommend inclusion of other native species within these genera for monarch planting mixes without requesting a variance. Seeds from those species will be counted toward the 60% of the mix that must come from the Midwest Monarch Planting List.